



Heluna Health®

EMPOWERING POPULATION  
HEALTH INITIATIVES SINCE 1969

# DELTA DENTAL PLANS

Choosing the right dental plan can be challenging. Everyone's needs are different, and each dental plan works differently. Use this tool to help compare HMO and PPO dental plans.



It is highly recommended that you request a treatment plan prior to any non-routine procedures and submit the treatment plan for predetermination of benefits.

Predetermination of benefits will give you a clear understanding of all your anticipated costs (deductible, coinsurance and reaching maximum benefit limit).

If you would like assistance with obtaining predetermination of benefits, please contact the Employee Support Center at 855.670.2222 or by email at [LosAngeles.ESC@ajg.com](mailto:LosAngeles.ESC@ajg.com)

**Delta Dental - <https://www.deltadental.com/>**

**Heluna Health Benefits Department**  
[Benefits@HelunaHealth.org](mailto:Benefits@HelunaHealth.org)

**Tel: 562.205.2433**

**Fax: 562.222.7373**



# CHOOSING THE RIGHT DPPO

When you need dental care, choosing an in-network dentist is always a good idea. That's because network dentists have agreed to offer reduced fees and abide by Delta Dental policies—and have met industry standards for care, safety and cleanliness. Each PPO plan offers access to one or more of Delta Dental's dentist networks.

## Delta Dental's Networks: What's the Difference?

### DELTA DENTAL PPO™

Provides access to more than 112,000 dentists in 278,000+ locations nationwide.

#### Reduced Fees

Delta Dental PPO dentists are always considered contracted providers and offer the deepest discounts on dental procedures.

#### Stretch Your Maximum Dollars

Since fees are usually the lowest, your annual maximum dollars would go further.

#### Balance Billing

Your dentist can't charge you above his or her accepted fees. You will not receive a bill for the difference in balance due.

### DELTA DENTAL PREMIER

More than 156,000 participating dentists in 342,000+ locations nationwide.

#### Reduced Fees

Premier dentists have agreed to reduced fees; however, these fees are higher than Delta Dental PPO provider fees.

#### Stretch Your Maximum Dollars

Your maximum dollars may go further than with a non-Delta Dental dentist, but not as far as with a PPO dentist.

#### Balance Billing

**High Plan:** Your dentist can't charge you above his or her accepted fees.

**Low Plan:** You may be subject to some balance billing.

### Save on Your Dental Bills! Compare Your Options

			
Member Name	Joe	Sue	Ben
Procedure	Tooth Filing	Tooth Filing	Tooth Filing
Network Used	PPO In Network (Fee Schedule)	Delta Premier	Out of Network
Coinsurance	20%	20%	20%
Provider Fee	\$125	\$125	\$125
Fee Schedule/MAC	\$100	\$110	\$100
Delta Dental Pays (Low/High)	\$80	\$88	\$80
Member Pays (Low/High)	\$20	\$37 (Low Plan)/\$22 (High Plan)	\$45
Provider Write-off (Low/High)	\$25	\$0 (Low Plan)/\$15 (High Plan)	\$0

The above chart is for illustrative purposes. Actual fees and discounts will vary by dentist and area.



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## Where's my Delta Dental ID Card?

If you've been looking for your dental plan ID card, we have good news for you: You don't need one!

Just tell your dental office the Delta Dental company through which you receive benefits and provide your name, your date of birth, your enrollee ID number (or social security number) and the name of your employer.

## Want an ID card anyway?

Go to [deltadentalins.com](http://deltadentalins.com), log in to Online Services, then click on Print ID card.

You can also pull it up on your smartphone by downloading the **Delta Dental app** (by the Delta Dental Plans Association) from the App Store or Google Play.



## BrushSmart to Transform Your Oral Health!

BrushSmart is a new oral wellness program, exclusively for **Delta Dental HMO and PPO** plan enrollees, that offers personalized solutions, oral care and discounts on the products that help you improve your dental care routine.

Sign up today to get special discounts on Phillips Sonicare products. To get started:

- Go to [brushsmart.org](http://brushsmart.org)
- Fill out the sign-up section
- Check the user agreement box, then click the **Join BrushSmart** button.
- That's it! You'll receive your coupon code and a confirmation email.

# DELTA DENTAL PROVIDER SEARCH

Use the below steps to find HMO and PPO In Network dentists, specialists and orthodontists

- 1 Go to [www.deltadentalins.com/find-a-dentist](http://www.deltadentalins.com/find-a-dentist)
- 2 Under "**Find a Dentist**" on the right hand side of the screen, enter your Address, Zip Code, City, or State

- 3 **For the HMO Plan:** From the "Select Network" drop down menu select "DELTACARE USA"  
**For the PPO Plan:** From the "Select Network" drop down menu select "DELTA DENTAL PPO" or "DELTA DENTAL PREMIER"

- 4 Click "**Search**" to generate a list of contracted providers. Click "**Refine search**" to filter by categories such as specialty, network and language.

**REMINDER** For best results, please sign up on [www.deltadentalins.com](http://www.deltadentalins.com) or download the **Delta Dental Mobile App** to access member specific provider search results and other information.

**Search Your Provider @ <https://www.deltadental.com/>**

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